

## Mendip Caving Group Full Membership Application Form

This form is to be completed by two full members, and then returned to the committee. The application should be taken seriously; it should not be regarded as an unnecessary formality. Your life and the reputation of the MCG may depend on the competence of the person you are assessing. (Use the guidance notes on the reverse for reference)

During a Training Trip where the applicant is underground a minimum of 30 minutes they must be able to demonstrate the following;

- Knowledge of hazards and what can be done to avoid incidents (to include flooding, falls, boulder chokes, hypothermia, equipment/light failure) [1]
- How to tie a bowline and figure of eight in a length of caving rope [2]
- Knowing lifeline calls [3]
- Have a basic understanding of selecting suitable anchors and lifelining from above and below a pitch [4]
- How to call cave rescue [5]
- Knowledge of cave conservation (not crossing tapes, not touching formations etc) and proper regard for their companions and other parties in the cave [6]

The MCG committee wishes to emphasise that it will not accept for full membership applicants who are not considered suitable persons for membership of the group or do not exhibit any interest in the Group's activities and the maintenance of the cottage.

	Name	Signature	Date
Applicant			
Full Member 1			
Full Member 2			

## **Guidance Notes for proving trip overseers**

- [1] Before the proving trip discuss with the applicant the hazard issues mentioned.
- [2] Demonstrate the tying of these knots before the proving trip and get the applicant to perform the knots.
- [3] Demonstrate the sequence of calls and re-affirm these calls on the trip
- [4] Before the proving trip discuss and demonstrate the techniques of belaying to anchors and belaying other cavers up/down pitches.
- [5] How to Call Out Mendip Cave Rescue Team in an Emergency
  - 1 Dial 999 (or 112-the single European Emergency Number)
  - 2 Ask for the POLICE
  - 3 Then ask for CAVE RESCUE
  - **4** Prepare to give the following details: Cave Name; Location within cave; Numbers & condition of those involved; Details of any injuries sustained.
  - 5 STAY BY THE PHONE If using a mobile stay in a good reception area
  - **6** A Mendip Cave Rescue Warden will call you back for more details so please keep the phone line free.
  - 7 If calling from a mobile ask for AVON AND SOMERSET POLICE
- [6] Discuss these points with the applicant